



Social Exclusion – Good Practices

Sports 4ALL





✓ Utmost importance in sports

✓ Feeling of community and of family

✓ The coach is a friend, a father and life coach.

✓ Emotional intelligence

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How to attract these groups to sports?

Participation in various sporting activities

Enhancement of training programmes with modern equipment in school



Comprehensive knowledge on sports and their benefits



Mobilities and educational Excursions with Erasmus+



Inspire young people in sports education from an early age



«VOUS ΥΓΙΗΣ ΕΝ ΣΩΜΑΤΙ ΥΓΙΗ»

Ways to attract these groups to sports



Mentorship
Academy members to talk about their experience and share their opinions



Open Days
Open trainings – trials - tournaments for the wider public



Audio-Visual
Material to disseminate information on each sport discipline



Seminars
Visits of athletes in schools (young athletes and professionals)

Sports Workshops (Once a month)

All children in schools
(Primary and Middle School)
participate in all sports



1st Stage

ALL children familiarise themselves to
ALL sports disciplines.

2nd Stage

Students make their choice to the
sports discipline they prefer



Transfer of children to the sport premises (even if they are in a different city) with free buses.



All day occupation with the sport (in theory and in practice) with professional athletes



Classes will be held right after school and when possible, at the school premises



Special classes will be held for people with special needs and with mobility problems.



Details

In this way **ALL** kids will get in touch with sports and will choose the sports discipline they prefer/they are good at



No-one and for no reason will be excluded

Professional coaches, psychologists, life coaches, teachers, nutritionists, supervisors, etc. will participate in the programme



As a sports organisation we can offer the opportunity to the kids to come in contact with football, basketball, volleyball, futsal and bowling



Effects



Sport 4all people come
together