

*YOUTH SOCIALLY EXCLUDED AND
SPORT – GOOD PRACTICES*

**KASHUBIAN SPORTS AND
CULTURAL ASSOCIATION**

THE SPECIFICITY OF THE ENVIRONMENT

- Financial status
- Family status (violence, alcoholism, divorce, single-parent families)
- Place of residence (limited access to services, agricultural areas, lower level of education)
- Isolation from the real world
- Alcohol, drugs, boosters

FIRST STEPS OF ACTION

- ◉ Identification of problems
 - ◉ Human resources
 - ◉ Staff preparation
- ◉ Start activities

OUR ACTIONS

- ◎ Sport and preventive activities

Trainings that aim to encourage the largest possible group of children and young people to participate in sport activities. Trainings are held in places where there are no other forms of spending time and which are distant from the center of the district

Tranings are free and their content includes various physical activities.

Participation counts, learning to work in a group, cooperation, self-improvement and discipline (external and internal)

Currently we conduct such trainings in 3
locations outside of Luzino

Robakowo (and surrounding villages) – over 30
kids

Kębłowo – around 30 kids

Barłomino – 30 kids and youth (the school has
25 pupils)

SPORTS GROUPS – II TEAMS

So as not to lose kids who want to practice sport we create two teams in many age groups. Young sportsmen have a chance to train, have fun, develop and take part in league matches. However, sports competition is just one of the elements. At this point in two teams are training 50 players from years 2003 to 2007.

SUMMER LEAGUE ORLIK



The idea began in 2015. During the summer children and teenagers create their own teams and take part in the tournament. There are 7-8 tournaments – each one is treated separately (different squads due to summer holidays). Teams gather points not only for won games but also for refereeing, taking photos, recording matches, doing statistics or cleaning after the tournament



Additionally we involve local businesses, shops, local authorities to make the tournaments more attractive. Thanks to that we create something that each player becomes part of. The participants learn responsibility, solving problems, respect for each other and conscientiousness.



FOOTBALL FUTURE WITH LOTOS



The project connects mass football with promoting sports talents. The main aim of the project is to promote football in the Pomeranian district and in Poland both in professional and mass football. The project involves creating a database of existing football clubs, places where sports talents can develop.

FOOTBALL FUTURE WITH LOTOS

- Support for trainers – through bigger access to professional knowledge
- Support for talented players – through taking part in tournaments, training groupings and a possibility to play in big football clubs
- Providing help for players in a difficult financial situation – scholarship programmes

