

GOOD PRACTICES IN ENCOURAGING YOUNG PEOPLE TO DO SPORT IN SERBIA

Faculty of Sport and Physical Education,
University of Belgrade



Study programs and students (in connection with Sport4All)

- Basic academic studies – 936 students
- Basic professional studies (534 students) :
 - **SPORT**
 - **RECREATION**
- Specialized professional studies – 15 students
- Master academic studies – 140 students
- PhD studies – 59 students

RECREATION

- We educate coaches, who after graduation work in the fitness centers, gyms, association Sport for All.
- Classes are held in amphitheatres, faculty hall, elite fitness centers, on the mountain and on the sea.
- After that, students are ready to organize very diverse activities in the field of sports and recreation.

Theory and practice of recreation - Amphitheater



Theory and practice of recreation - Gym



Theory and practice of recreation - Fitness center SKY



Theory and practice of recreation – skiing (Kopaonik)



Theory and practice of recreation – summer (Bulgaria)



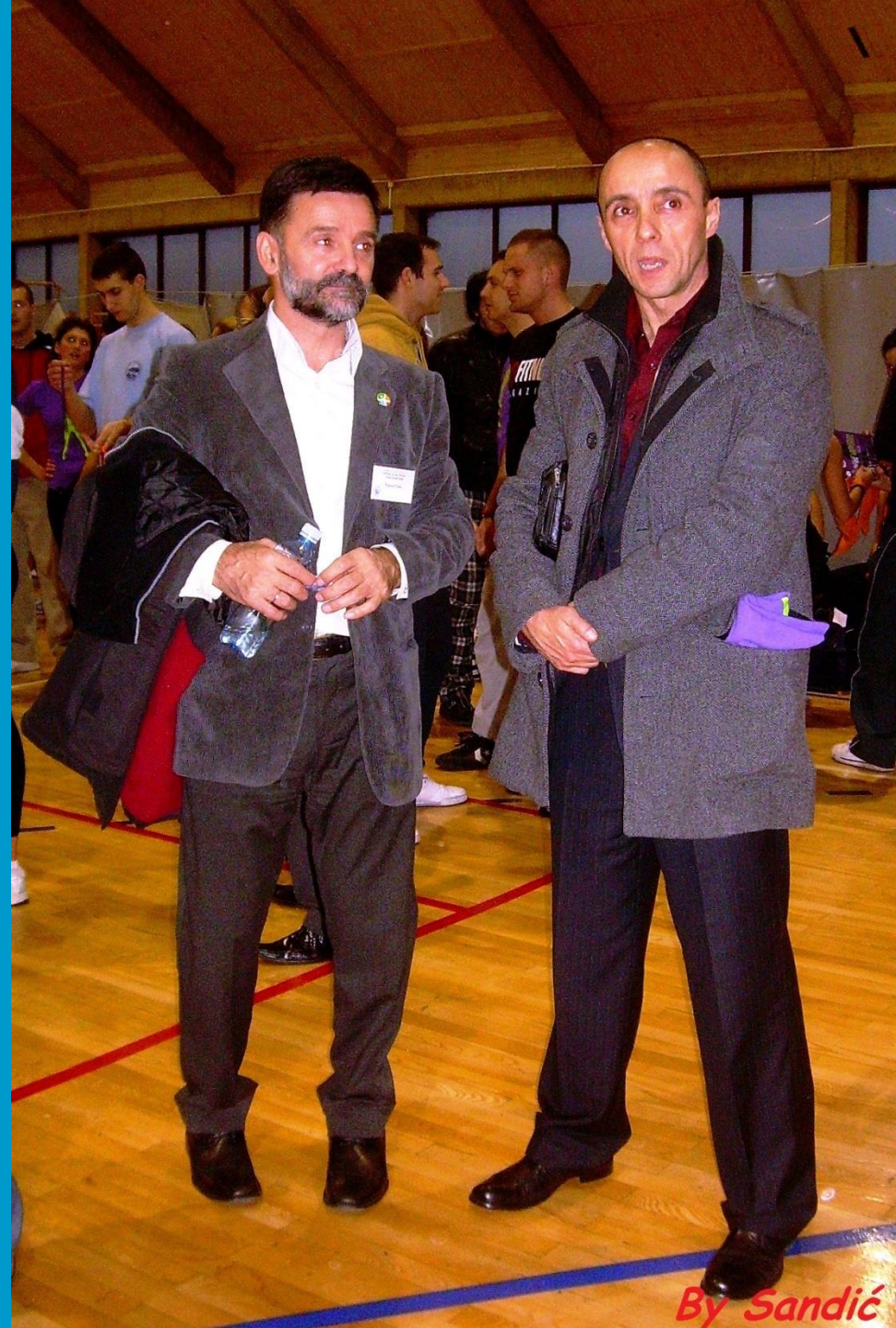
“AEROBIC HAPPENING”

Faculty of Sport and Physical Education,
University of Belgrade
(from 2000)

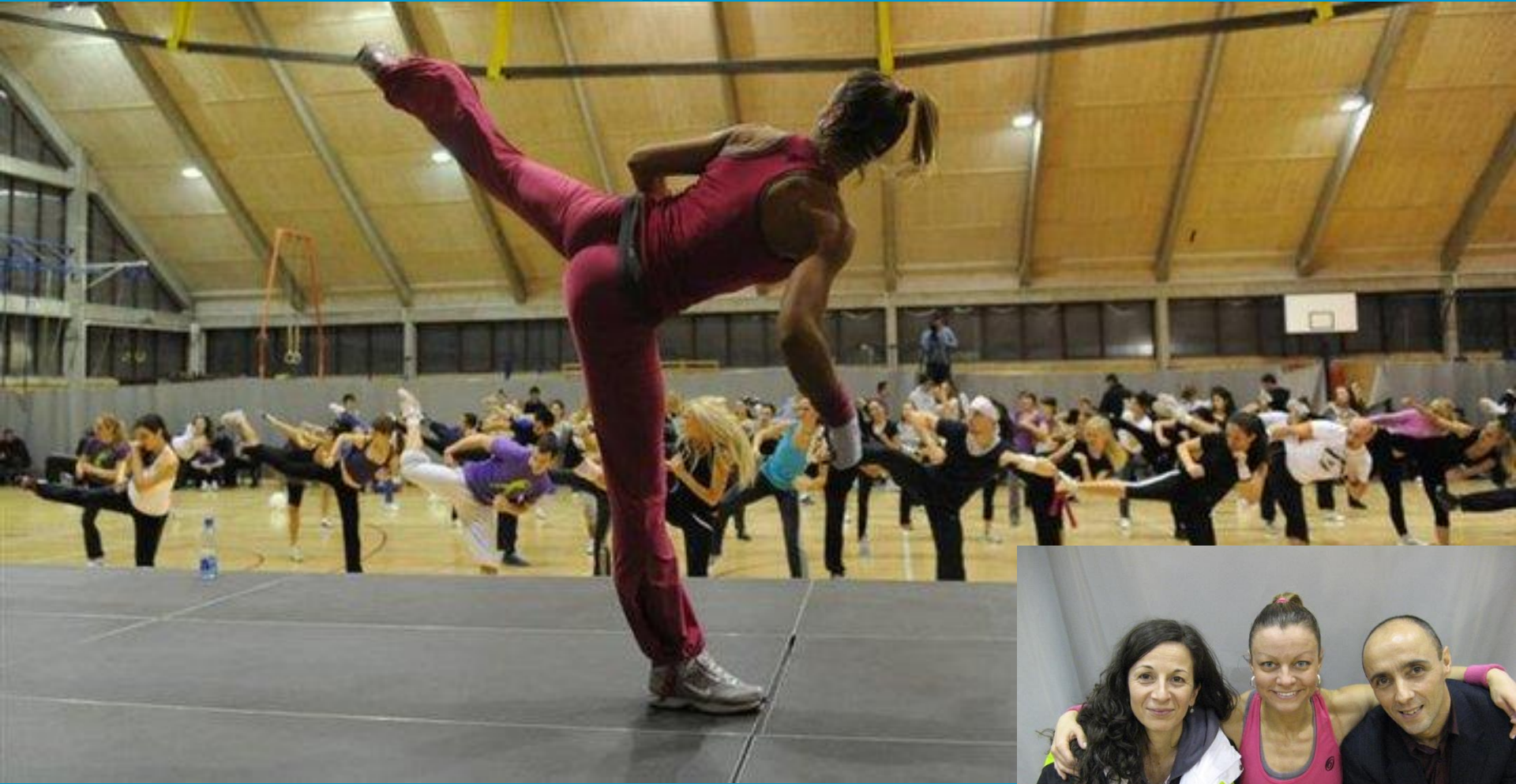
“AEROBIC HAPPENING”

- Organized by professors and students of the Faculty of Sport and Physical Education, University of Belgrade.
- It is held every year on **December 11** in the faculty hall on the occasion of the **Faculty Day**.
- Free participation for all students: 300-500 participants.
- Visitors from neighboring countries come regularly.

The author_(s)
of the event -
Ph.D. Dušan
Mitić



PERFORMERS ON STAGE – OUR (ex-)STUDENTS















PROMOTION OF NEW FITNESS DEVICES



AWARDS FOR THE BEST PARTICIPANTS



**“CONTINUE
TRADITION”**



“CONTINUE TRADITION”

traditional games festival

April 4.

**Students' Day
of Belgrade University
(from 2011)**

“CONTINUE TRADITION”

The festival is organized by professors and students of the Faculty of Sport and Physical Education, University of Belgrade.

TRADITIONAL COMPETITIONS

Place: Ada Ciganlija - an island in the Sava River in the middle of Belgrade.

Free participation for all students and other visitors.



Факултет спорта и физичког васпитања
Универзитета у Београду

Удружење стручњака
за рекреацију Београда



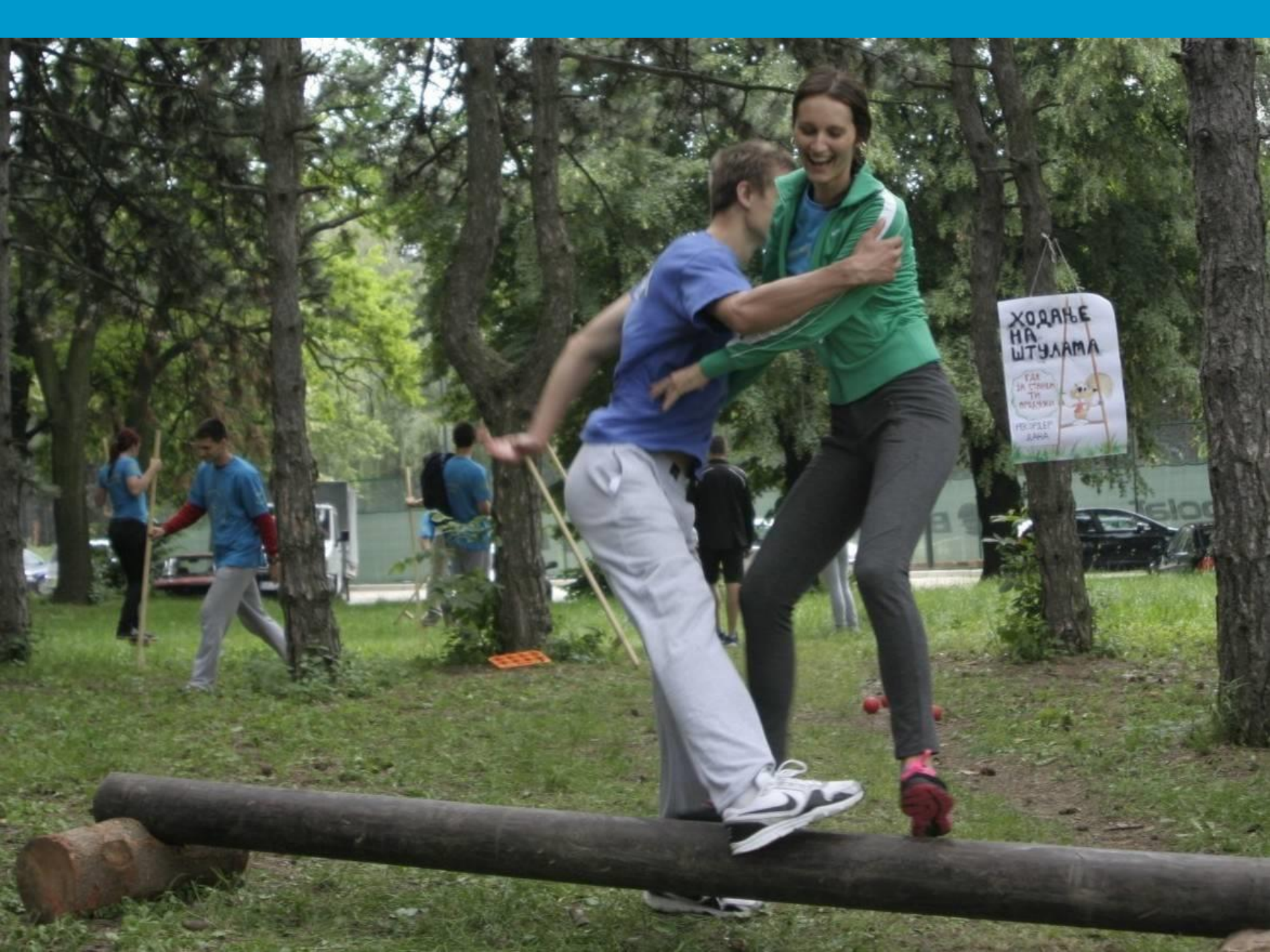
ФЕСТИВАЛ ТРАДИЦИОНАЛНИХ ИГАРА СТУДЕНАТА











ХОДАЊЕ
НА
ШТУЛАМА

ТАК
ЈА СТОЈИМ
ТИ
ПРЕДНОМ

ПОСРЕД
ДНА





ИЗДРЖАҀ
У
ЗГИБУ

22

М-Ж

100 ☺ = 15₰ - 10₰.

300 ☺ = 30₰ - 20₰.

500 ☺ = 45₰ - 30₰.



ХАДУЧКИ
СКОК
= ПРЕКО ПАЊА =

Група	Прекло	Висина	Дужина	Време
400	☺	0,6 m	0,8 m	
300	☺	0,8 m	1 m	
200	☺	0,9 m	1,05 m	

ИЗМЕНА

ИЗМЕНА






Србијаштине
Шушко гедикасто "Београд"
СТАНИЦА 6. ПЕЊАЊЕ
НА БРДО







PAŽNJA!!!

Poštovani pešaci,
Iz bezbedonosnih razloga molimo Vas da
obratite pažnju prilikom prelaska preko
terena Golf kluba Beograd.

Unapred hvala,
Golf klub Beograd











LIMENKA
LIMENKA
RECYKLIRAJ
Koš za čist grad!



**VESELI
TRANSPORT**

BROTOVAJE:
DOLJE POKOJE - DOLJE
DOLJE POKOJE - DOLJE
DOLJE POKOJE - DOLJE
DOLJE POKOJE - DOLJE
DOLJE POKOJE - DOLJE

















ФЕСТИВАЛ
ТРАДИЦИОНАЛНИХ ИГРА
СТУДЕНАТА



КАТЕДРА ЗА РЕКРЕАЦИЈУ
ДОДЕЉУЈЕ

ДИПЛОМУ

КНЕЖБИЉ МАН

ЗА

РЕКОРДЕР У ИГРИ
"ИЗДОРНАЈ У ЗЛИКУ"

У БЕОГРАДУ
02.06.2019. ГОД



ASSOCIATION
OF SPORTS
TEACHERS



INSTITUT
ZA REKREACIJU

THE OF WAR
SAVED LIFE

GAMA
AND PAPER



ARTICLES IN THE NEWSPAPERS

12 СПОРТ • четвртак 30. мај 2013.

SHOWtime

СПОРТ • четвртак 30. мај 2013. 13



СТУДЕНТИ РАСТЕРАЛИ ОБЛАКЕ



ФЕСТИВАЛ ТРАДИЦИОНАЛНИХ
СТУДЕНТСКИХ ИГРА И ЧУКАРИЧКА
ФЕРИЈАЛНА РОШТИЉИЈАДА



Све такмичарске дисциплине традиционалних студенских игара (укупно 21), разигравале су саве присутне студентске екипе на Али Цицелији прошлог викенда. Ујутро је запретила киша, али је студентски младоштво растерало облаке, па су такмичења одиграна у идеалним условима. Сви поповољни су били попуњени, а најинтересније је било на башову класица са рамена, обављању руку, жонглирању на шупљацима, заузимању екстера, башову потковице...

Организатор овог такмичарског фестивала је Клуб за рекреацију Факултета спорта и физичке културе у Београду. Са слоганом „По здравље треба ићи ка реци, а не ка апотеци“, студенти су показали здрав стил живота и жељу да се на Универзитету врати наставна физичког васпитања.

У склопу фестивала била је традиционална Феријална роштиљарија. Феријална савеза Чукарице, поддржана од Скупштине општине Чукарице. Роштиљарија феријална имала је и такмичарски карактер, где је бивши најбољи роштиљари изабрани између двадесетак роштиљских екипа, које су преко пир жилаца посетили фестивал растерали своје роштиље. Све је протекло у идеалним условима. Али Цицелија, у богатом менаџерском и фолклорном програму, где је била посебно заглажена фолклорна група из Прилепа.

1.0.

CONTINUE THE TRADITION

- students continued to organize this event on their own



STUDENTS IN FRONT OF THE FACULTY BUILDING



Tournaments for high school children and students



Tournaments are held outside Belgrade too



... even outside of Serbia



SPIRIT OF YOUTH

Students have created
a new (inter)national brand



- The project Spirit of Youth was created by several students in 2010 at the Faculty of Sports and Physical Education, University of Belgrade, where they immediately received unselfish support from **Vladimir Grbić**, famous volleyball player (assistant at our faculty).





Република Србија
МИНИСТАРСТВО ПРОСВЕТЕ,
НАУКЕ И ТЕХНОЛОГИЈСКОГ РАЗВОЈА

Spirit of Youth

ПРОМОЦИЈА ДУАЛНОГ ОБРАЗОВАЊА
„ДУХ МЛАДОСТИ“

Spirit of Youth

- Spirit of Youth is made up of enthusiasts, young people, students and high school students from **12 countries** and over **30 cities**, who in cooperation with professors, friends and partners, realize the largest international-regional youth project in the Balkans called "Spirit of Youth".



Spirit of Youth

- The Ministry of Education, Science and Technological Development is the general sponsor.
- Partners are the Ministry of Youth and Sports, the Serbian Chamber of Commerce, the University of Belgrade, the Faculty of Sport and Physical Education of the University of Belgrade, the Belgrade Student Union and 33 local self-governments.
- "Spirit of Youth" is recognizable by 22 subprojects with many activities that cover all age categories of young people.

Members of the Spirit of Youth and Minister of Education, Science and Technological Development



THE SPIRIT OF YOUTH CARAVAN

- The Spirit of Youth Caravan is traditionally held every year in 33 towns in the territory of the Republic of Serbia with the promotion of different types of education among young people.
- Part of the caravan is a sporting activity in which young people of all ages are free to take part.



Spirit of Youth



Spirit of Youth

Pull up zone - the city where most of the pull ups were made, was given a gift - outdoor gym.



Association

“SPORT FOR ALL SERBIA”

- The Sport for All association organizes numerous events throughout the year for the promotion of physical activity.
- The professors and students of our faculty provide a significant contribution to the activities of the Sport for All association.

SKI FEST 2017.



Recreation competition ...



... and lots of fun on the snow



Everyone wins - The winner is everyone who participates



MOVE WEEK 2017.



A lot of
activities
through
out the
week





2017/05/29



CHALLENGE DAY 2017.



“The Ball Roll In The Same Way For All” – **BRISWA**

- NGO from Serbia is a partner in this project.
- The project financed by the European Commission Erasmus, and it is also being held in five other countries in Europe - Italy, Greece, Hungary, Romania and Bulgaria.

- The **Football League of Serbia**, the **Basketball League of Serbia** and the **Handball Federation of Serbia** supported the activities of this project and thus made a significant contribution in the fight against all forms of discrimination on sports grounds.

Football match in Serbia



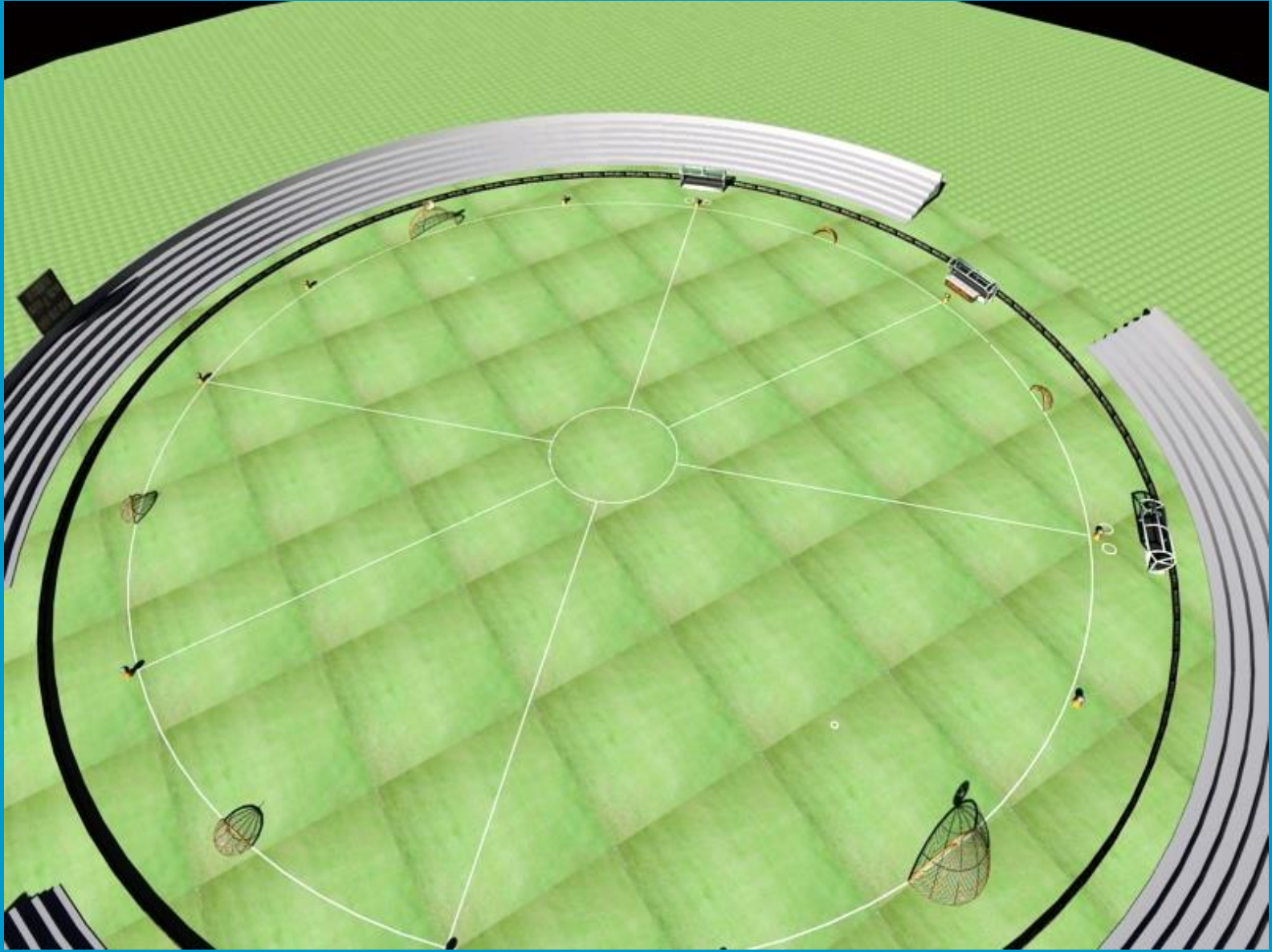
Basketball match in Serbia



BRISWA International Workshop

- A seminar devoted to the fight against racism and all forms of discrimination will be held on May 23, 2018, on the Faculty of Sport and Physical Education, University of Belgrade.

“WheelBall”



WheelBall – original Serbian brand

- The new sport was designed in Vladičin Han (a small town in southern Serbia), by the two enthusiasts.
- WheelBall was premiered in 2013.
- For 4 years, a Wheelball Cup has been organized.
- The Serbian Wheelball Federation was founded.
- They asked our Faculty for help in the process of recognizing the new sport by the Sports Union of Serbia.

What is the **WHEELBALL**???

- **WHEELBALL** is a sport that plays with a soccer ball on a grassy surface, and this is the only similarity to football.
- Everything else is completely different from the looks and dimensions of the field, the rules and the number of players to the goals of the game.

Circular terrain - it is possible to play on existing football fields.



YouTube: WheelBall Sport – Basic Rules



<https://www.youtube.com/watch?v=kHJ0BIy5bJw>



VIMINACIUM

ROMAN CITY AND LEGIONARY FORT
CAPITAL CITY OF THE PROVINCE UPPER MOESIA

VIMINACIUM SCIENCE CENTER

- The Viminacium Science Center is located near Kostolac, 95km from Belgrade.
- It is known for its exceptional cultural and historical value, as a site of international significance under the protection of **UNESCO**.

- Within its structure are the scientific-research center, the archaeological site of the **Roman city** (first century of new era) and the paleontological park.



- The Viminacium Science Center is internationally known for its recently discovered extremely rare **mammoth** remains from the prehistoric period.

"SCIENCE FOR ALL"

- For the first time in 2008, the program "Science for All" (*"Scienza per tutti"*) was organized in cooperation with universities in Ancona and Bologna.
- The Children's Science Camp in Viminacium for children aged 8-14 is organized each year from 2013. The professional team of animators in cooperation with the Center for the Promotion of Science educates children and teaches them how to deal with science.





VIMINACIUM ADVENTURE



VIMINACIUM ADVENTURE – children's sports recreational camps

- Since this year, children's sports recreational camps are planned.
- Life in a Roman camp with various physical activities during the day.
- Several professors from our faculty are involved in the design and implementation of children's camps



PROMOTION AT THE FAIR







***The visionary is
the only realist.***

Federico Fellini

**Avantura, edukacija,
zabava, rekreacija**

viminaciumadventure.com

