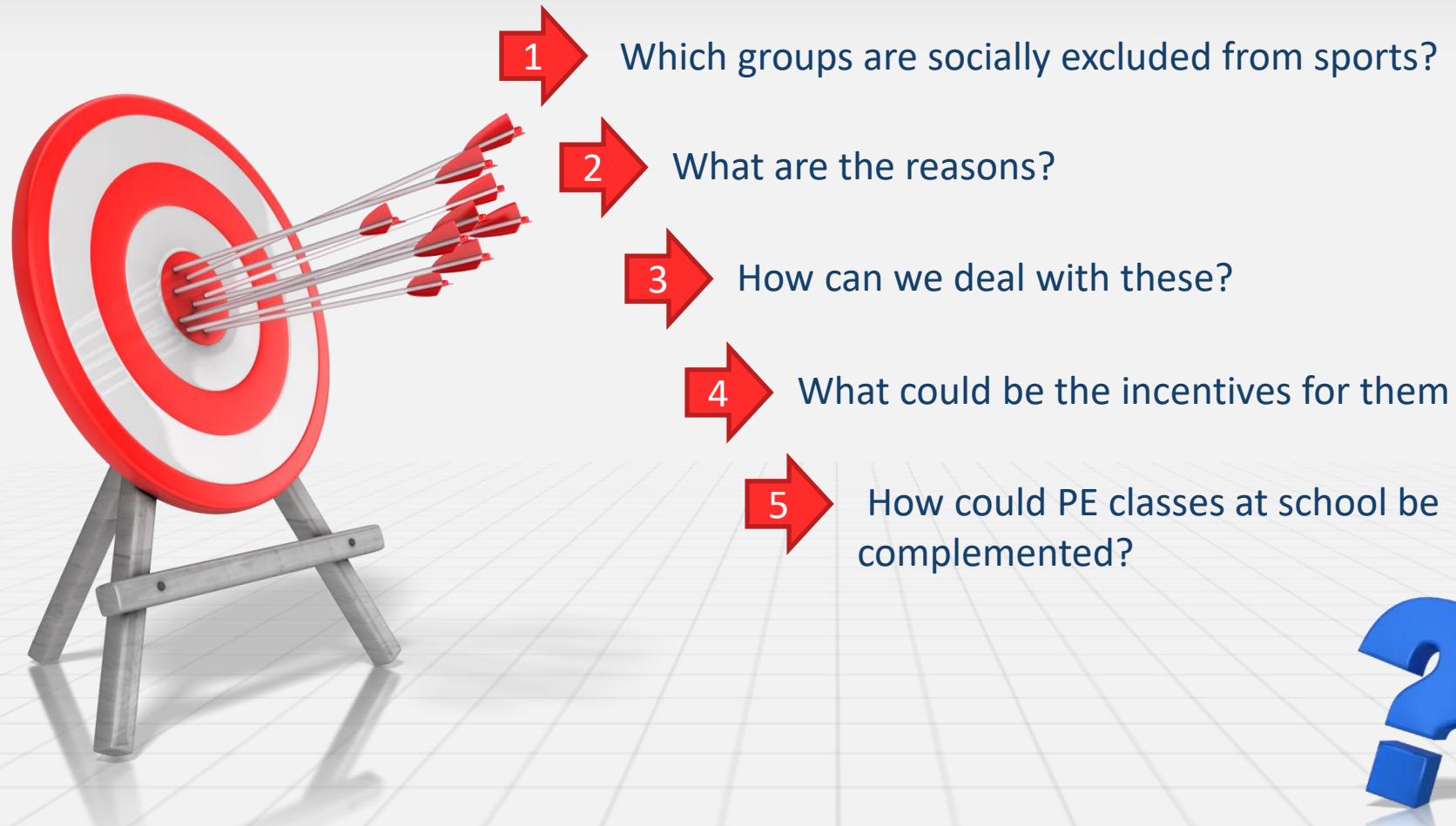


Social Exclusion of young People from Sports

Sports 4ALL

Questions




Identify the Less Minority Groups



Provide services in order for them to choose

Sports 4ALL social exclusion of young people from sports.

Social integrated Groups

- 
- 1 People with mobility problems/disabilities
 - 2 People with special needs
 - 3 People with low standard of living
 - 4 People living in rural areas
 - 5 Refugees/migrants
 - 6 People with family issues
 - 7 People from different religions
 - 8 People speaking different languages
 - 9 Gamers -addicted to social media and electronics
 - 10 People of both sexes and of all sexual orientation
 - 11 People of all kind of physical appearance

How to approach each group



1st see the issues that are facing and provide solutions.

Sports 4ALL social exclusion of young people from sports.

Disabled people

Problems

- 
- 1 Accessibility-Transportation Facilities
 - 2 Special Equipment
 - 3 Specifically designed sports
 - 4 Social taboos in sports
 - 5 Lack of accompanying persons
 - 6 Specialised staff and trained educators
 - 7 Cost

Solutions

- 1 Better facilities and/or upgrade-improve the accessibility
- 2 Visit their place (bring sports to them)
- 3 Make use of national and/or European funds
- 4 Improve the training programme
- 5 Volunteering accompanying persons
- 6 Development of emotional intelligence

People with low standard of living

Problems

- 
- 1 Inability to pay the tuition fees
 - 2 Transportation/access
 - 3 Inability to purchase the equipment, uniforms, etc
 - 4 Inability to participate in mobilities
 - 5 Inability to participate in social events and encounters with the team
 - 6 Psychology support to athletes and their families
 - 7 Inability to pay injuries from sports

Solutions

- 1 Reduction of tuition fees or free participation
- 2 Guardians-volunteers
- 3 Provision of free transportation and equipment
- 4 Free participation in group excursions (team bonding events)
- 5 Development of emotional intelligence
- 6 Full medical coverage

People living in rural areas

Problems

- 
- 1 → Transportation
 - 2 → Inability to participate in Social events or mobilities
 - 3 → Too much time outside home
 - 4 → Inability to participate in sports in their area

Solutions

- 1 → Buses/improve the transportation schedule
- 2 → facilities for occupation before and after their sports class
- 3 → Provision of free transportation and equipment
- 4 → Reading Rooms for occupation before and after their sports class
- 5 → Develop facilities and/or upgrade-improve the accessibility
- 6 → A.G.O. (sports4all)

Refugees-Migrants

Problems

- 
- 1 Financial problems
 - 2 Transportation problems
 - 3 Too much time outside home
 - 4 Adjustment difficulties
 - 5 Different language/religion
 - 6 Difficulties of being accepted by others
 - 7 Problem to issue sport card to play
 - 8 Education issues

Solutions

- 1 Reduction of tuition fees or funded by AEL
- 2 Experiential workshop activities
- 3 Translator-Educator
- 4 Reading Rooms for occupation before and after their sports class
- 5 Educational seminars
- 6 Provision of psychological
- 7 Development of emotional intelligence
- 8 Cooperation with governing bodies

People with different ethnicity-religion -culture

Problems

- 
- 1 Adjustment difficulties
 - 2 Communication difficulties
 - 3 Acceptance difficulties
 - 4 Difficulties to integrate in the group
 - 5 Lack of specialised trainers Educators and personnel

Solutions

- 1 Experiential workshop activities
- 2 Translator-Educator
- 3 Reading Rooms for occupation before and after their sports class
- 4 Educational seminars
- 5 Provision of psychological
- 6 Development of emotional intelligence

People with family issues/or large families

Problems

- 
- 1 Financial issues
 - 2 Disrespectful behaviours
 - 3 Adjustment difficulties in a wider social environment
 - 4 Communication problems between the two parents
 - 5 Single parent families
 - 6 Limited control over the child
 - 7 Lack of role model
 - 8 Lack of the right supportive environment

Solutions

- 1 Reduction of tuition fees
- 2 Free sessions with psychologists
- 3 Guardians-volunteers (for practical matters, without being financially burdened or legally bounded)
- 4 Special facilities for occupation before and after their sports class
- 5 Provide Reading Rooms for occupation before and after their sports class
- 6 Provision of food and snacks

Gamers and people addicted to social media & electronics

Problems

- 
- 1 Lack of interest
 - 2 Introversion
 - 3 Insecurity
 - 4 Lack of incentives
 - 5 Addiction
 - 6 No physical fatigue
 - 7 Trend of the times - Lifestyle

Solutions

- 1 Limitations on access
- 2 Wi-Fi connection abolishment on sports facilities
- 3 Distribution of events through social media with trophies
- 4 Continuous information through schools to parents and children
- 5 Interactive exercises and games (e.g. applications with games and physical activities class)

People of both sexes, of any sexual orientation physical appearance Height-Weight-Colour-Sex

Problems

- 
- 1 Disadvantageous feelings
 - 2 Fear of performance and disappointment
 - 3 Insecurity
 - 4 Bullying
 - 5 Taboo on certain sports stereotyping
 - 6 Lack of specialised trainers-coaches

Solutions

- 1 Volunteer Psychologist
- 2 Experiential workshops
- 3 Mentorship -Projections of successful athletes (role models)
- 4 Collaborations with organizations i.e Nutritionists,government bodies
- 5 Socialize the groups
- 6 Development of emotional intelligence

“a real adventure is more exciting than a virtual one”

ΕΥΧΑΡΙΣΤΩ- TESEKKUR EDERIM-DZIEKUJE-
MULTUMESC-XBAΛA



safe
process

purpose worthy accepted trusted community empowered sense-of-being
hopeful acknowledged normal fuzzy interaction confidence voice useful journey sale comradery
mutuality

SOCIAL-INCLUSION

